

Culpeper County Parks and Recreation

Winter 2005 Activity Schedule

January 10 - March 20, 2005

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PRESCHOOL ARTS & CRAFTS

Once upon a time...

...there was a time for toddlers to enjoy wonderful stories. Then, they sang songs, made crafts, and lived happily ever after. If you want your little prince or princess to have an enchanted time, bring them out to "Once upon a time..." where they will be led in story time, song, music, and crafts to take home. **Ages: 2-3 years.**
Wed, Feb. 2-23 (4 weeks)
10:00-10:45am
Location: Community Room, 303 N. Main
Instructor: Pam Phillips
Fee: \$30



Valentine's Cookies & Crafts

Bring your little one out to have fun making crafts and enjoying cookies. Each child will take home at least one craft that they made. All supplies included - the only thing needed is your little one. **Ages: 4-6**
Sat, Feb. 12
10:00am-12:00noon
Instructor: Tabitha Riley
Location: Community Room, 303 N. Main
Fee: \$5

ARTS & CRAFTS

Bat House Building

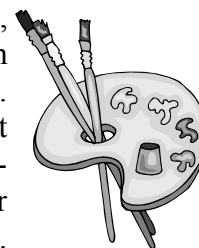
See description in the Leisure Learning Section on page 20.

Beginning Quilting

Come learn the fun and joy of making your own quilt. Quilts are great to snuggle up with on a cold day or to give as a gift. This class will cover the basic steps to create a log cabin quilt. You must have your own sewing machine. **Ages: 16 and up**
Wed, Jan. 19-Feb. 23 (6 weeks)
6:00-8:00pm
Instructor: Joyce Calhoun
Location: Pearl Sample Elem.
Fee: \$40

Oil Painting

Learn the basics of painting from how to prepare a canvas to composition, color mixing, and completion of desired imagery. Classes are taught in oils, but those already working in acrylics may bring them. Minimal-shared paint set provided, but personal materials are preferred for your own intent and development. **Ages: 16 & up, seriously interested**
Mon, Jan. 10-Mar. 21 (8 weeks, no class 1/17 or 2/21)
6:30-8:30pm
Instructor: Linda Ramer
Location: GW Carver Piedmont Tech
Fee: \$63



Activity Location address are listed on page 26.

All Classes held at Floyd T. Binns Middle School may be accessed by the Culpeper Connector 829-0505

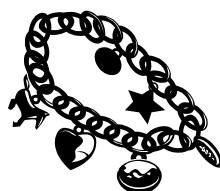
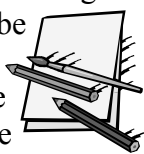
Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation Winter Schedule (continued)

ARTS & CRAFTS (CONTINUED)

Beginning Drawing

Ever have an image in your mind that you wish you could put on paper? Then come to this class where artist Linda Ramer will teach you how to make that drawing come to life. Techniques used will be contouring, shading, and movement sketching. These basic skills will be used at the end of the class to develop a finished composition. Sketch pad, drawing pencil set, and kneadable rubber eraser are included in class fee. **Ages: 16 & up**
 Thu, Jan. 20-Feb. 24 (6 weeks)
 7:00-8:00pm
Instructor: Linda Ramer
Location: GW Carver Piedmont Tech
Fee: \$40



Beginning Jewelry Making

You've seen the handmade jewelry at craft shows, right? And thought, I would like to do that. Well here's your chance. Come on out and let Julie Oglesby show you how to get started making your own personally designed jewelry. This class will include various techniques, such as several methods of stringing beads for necklaces and bracelets, the use of knot covers, crimp beads, and how to attach clasps. Supplies are included, just bring yourself. Guys, you're welcome to come also, make something for yourself or give it as a gift. Participants will make up to 15 different pieces of jewelry. **Ages: 15 & up**
 Mon, Jan. 10-Mar. 14 (8 weeks)
 6:30-8:00pm
Instructor: Julie Oglesby
Location: Culpeper Co. HS
Fee: \$83



Beginning Scrapbooking

What are you doing with all those pictures of family events, summer activities, or the holidays? Are they still in the envelope you picked them up in from the developer? Why not come on out and learn a great and fun way to show off and preserve your favorite pictures? All supplies are included to do a 2-page layout. Bring 6-8 themed pictures. Themes listed by dates.

Ages: 16 & up

Mon. & Tue., 6:00-8:00pm

Session I: Jan. 24 & 25-holidays

Session II: Feb. 28 & Mar. 1-snow

Session III: Mar. 14 & 15-Valentine's
Day or snow

Instructor: Ms. DeeJ Tasker

Location: Floyd T. Binns

Fee: \$40 per session



Knitting for Beginners

Students will learn the "knit" and "purl" stitches along with some of the different patterns these stitches can create. We will complete a bunny from a hand-knit square, and have the option to complete a scarf. Practice yarn and wooden needles included. Optional scarf yarn may be purchased in later weeks.

Ages: 18 & up

Tue, Jan. 11-Mar. 1 (8 weeks)

6:00-8:00pm

Instructors: Mindy Soucek & Shelby Gohn

Location:

Fee: \$50

Intermediate / Advanced

Illustration

For those of you who already have some drawing or painting skills here is the perfect class to take your skills to the next level. Julie Oglesby, freelance artist, will cover various painting, drawing and printmaking techniques and methods of combining them. In addition to teaching the different uses of various mediums, the process to get a finished illustration will be covered. You will get to complete two finished

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illustrations in a medium of your choice. Some supplies included, other needs will be based on individual's preference and will be discussed at the first class.

Ages: 18 & up

Tue, Jan. 11-Mar 1(8 weeks)

6:30-8:00pm

Instructor: Julie Oglesby

Location: Culpeper Co. HS

Fee: \$73

Watercolor Painting

This watercolor class is for beginners and those who want to brush up on the finer points of painting. You will learn what to use and how to use it from an instructor with over 30 years painting and 3 years teaching experience. This is a class that will provide you with years of joy and creativity. **Ages: 18 & up**

Wed, Jan. 12-Feb. 16 (6 weeks)

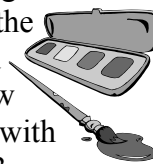
1:00-4:00pm

Instructor: Millie Allen Lane

Location: The Depot

Fee: \$94

Note: Supplies not included. A list of supplies will be on the website & available at the Parks and Rec. office.



Hand Spinning for Beginners

Spinning? What's that? Spinning is the process of taking fiber, like sheep's wool, and drawing it out and twisting it into thread and yarn. Come on out and learn this age-old technique. Dina Callow, who has been spinning for many years, will teach you how to use a drop bobbin and a spinning wheel. The drop bobbin and some spinning fiber are included in the fee.

Ages: 18 & up

Tue, Feb. 1 - 22 (4 weeks)

6:00-8:00pm

Instructor: Dina Callow

Location: Floyd T. Binns

Fee: \$52



Registration Information & Form on page 27

Culpeper County Parks and Recreation Winter Schedule (continued)

DANCE

Swing Dance

Does the music of the big band era get your feet stomping and your head bobbing? Then we have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or family member. It promises to be fun. **Ages: 16 & up**



Wed, Jan. 12-Mar. 2 (8 weeks)
7:00-8:00pm

Instructor: John Gentile

Location: Community Room, 303 N. Main

Fee: \$40 individual
\$72 couple

Ballroom Dance

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the world's finest ballrooms. Try the Waltz, Cha-cha, Rhumba, and Fox Trot, along with many others. **Ages: 16 & up**

Wed, Jan. 12-Mar. 2 (8 weeks)
8:00-9:00pm

Instructor: John Gentile

Location: Community Room, 303 N. Main

Fee: \$40 individual
\$72 couple

Country Western Line Dancing

Learn the dances that made line dancing so popular in the 80's & 90's from the instructor that introduced line dancing to the Mid-Atlantic region. **Ages: 16 & up**

Wed, Jan. 12-Mar. 2 (8 weeks)
9:00-10:00pm

Instructor: John Gentile

Location: Community Room, 303 N. Main

Fee: \$40 individual
\$72 couple



HEALTH & FITNESS

Fit For Life—Low Impact Aerobics

If you need some fun & movement in your life, then come on out and get Fit for Life! This class is full of fun, low impact, exercises and aerobic dance moves. The routine uses a chair (for some seated exercises), a face towel, and a set of light weights, which when combined gives you a great workout that is fun and hard to get anywhere else. This program is geared for seniors and those who need a gentle way to get started in an exercise program. **Ages: 18-100**

Time: 10:30-11:30am

Session 1: Jan 10 - 31 (no class Mon. 1/17)

Option A: Mon. only *Fee:* \$16

Option B: Thu. only *Fee:* \$12

Option C: Mon. & Thu *Fee:* \$28

Session 2: Feb 3 - 28 (no class Mon. 2/21)

Option D: Mon. only *Fee:* \$12

Option E: Thu. only *Fee:* \$16

Option F: Mon. & Thu *Fee:* \$28

Session 3: Mar 3 - 31

Option G: Mon. *Fee:* \$16

Option H: Thu. *Fee:* \$20

Option I: Mon. & Thu *Fee:* \$36

Instructor: Maggie Corradi

Location: The Depot

Note: Bring your own face towel, weights, & plenty of water.

Seated Fitness

This is a gentle workout that incorporates cardiovascular strength, muscular strength, range of motion, and flexibility, while seated in a chair. Please bring your own water and a towel. These aerobic movements are geared toward those 50 years and older.

Wed, Jan. 19-Feb. 23 (6 weeks)

2:00-3:00pm

Instructor: Sharon Steele

Location: Culpeper County Library -
Large Meeting Room

Fee: \$20

LEISURE LEARNING



Baby Signs®

Parents will learn to communicate with babies, enabling needs to be more accurately met, and thereby reducing frustration for everyone. With the Baby Signs® program, babies will be able to share their wants, needs, and feelings. The simple gestures are easy for parents and babies to learn and use. It allows babies to share their world and jumpstarts their intellectual development. The interactive play group will help parents to learn useful signs, songs, and games to begin signing right away. Space is very limited. Register early!

Ages 7-24 months

Thu, Jan. 20-Feb. 24 (6 weeks)

5:30-6:15pm

Instructor: Ann Supanklang, Certified Baby Signs Instructor

Location: Pearl Sample Elem.

Fee: \$125

Note: Registration fee includes a Sign, Say, and Play™ Parent Kit.



DID YOU KNOW....

'Medical evidence shows that better diet and regular moderate physical activity may help prevent, delay, and treat serious health conditions, including chronic diseases such as diabetes, heart disease, stroke, high blood pressure, and some types of cancer.'

-National Recreation & Park Association, "NRPA Supports You Can! Steps to Healthier Aging", <http://www.nrpa.org/content/default.aspx?>

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation Winter Schedule (continued)

LEISURE LEARNING (CONTINUED)



Bat House Building

Spring is almost here and you know what that means...bugs! Why not help control the bug population around your house by providing a home for a something that will eat hundreds of mosquito-sized bugs an hour...a Bat! A bat house is easy to assemble, and provides a roosting place for a very helpful creature. Come on out and let Ranger Gary show you how to build a bat house and learn some amazing information about the only flying mammal in the world.

Ages: 9 & up (15 & under must be accompanied by adult. One bat house per pair. Adult must register to make additional house)

Sat, Mar. 19

10:00am-12:00noon

Instructor: Gary Kwolek

Location: Community Room,
303 N. Main

Fee: \$14



Parliamentary Procedure

Have you ever been in a meeting that was too long or unproductive? Wish you had the knowledge and skills to fix it? This course can help. Through an understanding of basic parliamentary (meeting) law, everyone can be a better leader and member of an organization. You will learn how to have more efficient and effective meetings where things actually get done in a timely manner. Everyone is welcome, especially civic and association leaders, church club members and elected officials. A text book is included in the fee.

Ages: 16 and up

Wed, Jan. 19-Feb. 16 (5 weeks)

6:30-8:30pm

Instructor: Steve Hicks, Professional Registered Parliamentarian

Location: Culpeper Co. HS

Fee: \$12

Note: On 2/23/05 you can attend a review and take the NAP exam to become a Professional Registered Parliamentarian (\$75 fee) This is not included or required in the course and is completely optional.

Digital Photography

Did you get a new digital camera for the holidays? Or do you have one, but don't know what all it can do? This in-depth look at the subtle workings of a digital camera and its functions are what you need to take your photography into a new era. Learn more about using a digital camera in a photographic environment, so you can digitally master your best work.

Mon, Jan. 24-Feb. 29 (6 weeks)

6:30-7:45pm

Instructor: Brian Ashdown

Location: GW Carver Piedmont Tech

Fee: \$45

Note: If you have your own digital camera and/or laptop feel free to bring it, although it is not a requirement.

Bridge Club

Like playing cards? Then come on out and have some fun playing bridge. Beginners and Experienced players are welcome. So, let's have some fun and make some friends! Instruction is provided for beginners, so you can learn how to play. **Ages: 18 & up**

Thu, On-going meetings

Beginners: 11:00am-12:00noon

Experienced: 1:00-4:00pm

Coordinator: Shirley Opocensky

Location: Community Room, 303 N. Main

Fee: \$5 yearly; Beginners

\$2 yearly; Experienced

Therapeutic Motor Skills Camp

Mary's Family, along with Culpeper County Parks and Recreation Department, proudly announces Therapeutic Motor Skills Day Camp to be held the first Saturday of each month. Campers will participate in a variety of activities including, but not limited to: arts, crafts, games, and music which will aid in the improvement of fine and gross motor skills.

Ages: 3-5 years

Sat, 9:30-11:30am

Session I: Feb. 5

Session II: Mar. 5



Location: Floyd T. Binns

Fee: \$25

Note: Campers must meet the following qualifying skills in order to enroll:

- ♦ Participate for the duration of the two-hour morning schedule
- ♦ Ability to participate in a group environment
- ♦ Follow and accept directions in a structured environment.
- ♦ Take turns and share in a cooperative manner.
- ♦ Respect others and their property.

PAWS, HOOFS, FEATHERS & FINS

Dog Obedience -

K.I.S.M.I.F. Training for Dogs

(Keep it Simple, Make it Fun)



Puppies

Now that you've got that adorable bundle of fur let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through verbal & visual cues.

Ages: Humans 10 & up (under 18 w/ adult)

Canine 3-5 months

Tue, Jan. 11-Mar. 1 (8 weeks)

6:30-7:30pm

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Fee: \$80 per dog participant

(Seniors 10% discount)

Note: Must bring copy of current immunization record to first class.



Beginning

That new puppy or dog is just absolutely adorable, but how about its behavior? Does your puppy/dog need to learn some manners? If so, then here's the solution; bring little Fido out to this class where he/she will learn basic commands, socialization, and dog attention. Any dog, whether they're 6 months or 6 years can attend.

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Registration Information & Form on page 27

Culpeper County Parks and Recreation Winter Schedule (continued)

Ages: Humans 10 & up (under 18 w/ adult)
Canine 6 months & up

Jan 11 - Mar 1 (8 weeks)

Option A: Tue, 10:00-11:00am

Option B: Tue, 7:30-8:30pm

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Fee: \$80 per dog participant

(Seniors 10% discount)

Note: Must bring copy of current immunization record to first class.

K-9 Good Citizen

Does Fluffy listen to your commands only when he wants to? Could he use a refresher course in training? Then sign up now, because here is the class to help you & Fluffy. K-9 Good Citizen training will give you 10 steps to help your dog gain confidence and control. **Ages: Humans 18 & up**

Prerequisite: Must have taken the Beginning class, other dog obedience class, or placement by instructor.

Tue, Jan 11 - Mar 1 (8 weeks)

11:00am-12noon

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Fee: \$80 per dog participant

(Seniors 10% discount)

Note: Must bring copy of current immunization record to first class.

RHYTHM 'N STRINGS

Beginning Guitar - Part B

For those of you who have taken the Beginning Guitar class with Darcy, this is the next step. This 7-week class will continue where you left off, practicing rhythms, chording, basic guitar techniques, transposing music, and expanding music theory.

Prerequisite: Beginning Guitar (Darcy Canton instructing)

Mon, Jan. 10-Mar. 7 (7 weeks)

6:30-8:00pm (no class 1/17 or 2/21)

Instructor: Darcy Canton

Location: Floyd T. Binns

Fee: \$50

Note: Must have your own guitar.

Intermediate / Advanced Guitar

This 6-week class is for those who already know basic chords. The course is designed to advance the student to the next level of playing using basic fingering and strumming techniques. The student will also have the opportunity to practice applied voice (if they choose), along with playing the instrument in an informal supportive setting. This class is for ages 11 and up with some experience.

Wed, Jan. 19-Feb. 23 (6 weeks)

6:30-8:30pm

Instructor: Thom Shotwell

Location: Floyd T. Binns

Fee: \$48

Note: Must have your own guitar.



SILVER CLUB

Do you think that Culpeper's senior citizens are content to sit around watching the grass grow from a front porch swing? This couldn't be further from the truth.

It's been an exciting year for Culpeper Parks and Recreation's Silver Club, a social club with nearly 200 members that meets weekly at the Culpeper County Library.

This year the club has enjoyed nearly a dozen trips to local attractions like the Riverside Dinner Theater, Baltimore, Cumberland Railroad, Annabel Lee Riverboat, National World War II Memorial, and the D-Day Memorial in Bedford, along with local trips to Graves Mountain Lodge and Pottomac Mills Mall.

"This past year our club has really been busy. We've blossomed into much more than a social club. We've actually contributed greatly to our community," commented Marshall Conner, the program's coordinator. "Aside from all the wonderful trips and weekly activities, our group has made large donations of food to local food closets, sent packages to our troops over-

seas, donated clothing items to Full Circle Thrift Shop, provided volunteers throughout Culpeper, and raised funds to help fight Multiple Sclerosis."

One of the Silver Club's greatest assets is its ability to provide recreation along with a warm environment conducive to promoting lasting friendships for seniors.

"Our group resembles a large family. We support each other through good times and bad, and throughout it all we try to keep each other smiling," added Conner. "The strength of our club lies in the intangibles, like sharing a laugh, playing bingo together, learning new hobbies and listening to speakers."

This club is packed with active seniors who love to experience life and play an important role in the community. Silver Club members are a valuable resource for local government to access the opinions and concerns of the senior set in Culpeper.

"Our members have put a great deal of time and effort into finding a way for local officials to build a public pool for the Town of Culpeper," said Conner. "I can easily say that active seniors in Culpeper really want a public pool. Our members are not shy about letting officials know about their desire for additional senior resources in the county."

Interested in the Silver Club? Join our members each Wednesday at the Culpeper County Library as we gather for friendly conversation over a covered dish meal and a scheduled activity. It's more fun than sitting on the couch—that we can guarantee.

Each week over a hot cup of coffee the conversations turn to grandchildren, local news, health matters, and a few good jokes. For the past five years, Culpeper County Parks and Recreation Department has gladly sponsored the Silver Citizens Club, a program rooted in fun, fellowship and frivolity.

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Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation**Winter Schedule (continued)****SILVER CLUB
(CONTINUED)**

Join us in 2005 as we embark on another fun-filled year of bingo, informative speakers, trips, holiday parties, crafts, health programs, and other projects.

Now is the time to recycle your expertise and life experience and share it with others.

**Upcoming events for
Spring & Summer 2005:**

**Flower Mart 2005: National Cathedral
Riverside Dinner Theater
Spy Museum
World War II Memorial
Lunch at Graves Mountain Lodge
Circus Trip
Bridge
Aerobics
Walking Program
Silver Screen Club: Classic Movie Club**

Silver Citizen Club

The Silver Citizen Club is sponsored by Culpeper County. Membership includes: social events, discounted trips, and speakers.

Club meets every Wednesday from 10:00am – 2:00pm

Location: Culpeper County Library Meeting Room

Fee: \$5 per year

Special Note: At the Wednesday meetings, members bring a covered dish to share for lunch. We look forward to meeting you!

**SPECIAL EVENTS****Community Yard Sale**

Did you and your kids get way too much stuff for the holidays? Well get ready to clean out your closets, toy boxes, and other hiding places, because we have the solution for your clutter problems! The Culpeper Recreation Foundation, a grass roots fund-raising effort, will again be hosting a Community Yard Sale at Floyd T. Binns Middle School parking lot. All monies collected for space reservation will go to support the Community Complex. Yard Sale will be held in May. Specific date to be announced in the Spring Issue.

SPORTS**Adult Co-ed Indoor Volleyball**

Come on out, get rid of the winter blues, and joint the fun! Volleyball is a great way to meet some new people and have a fun time. Some playing experience is beneficial.

Ages: 16 & up

Sun, 7:00-9:30pm

Option A: Feb. 20-Apr. 17 (8 weeks)

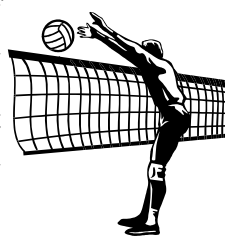
Fee: \$43

Option B: Apr. 24-Jun. 5 (7 weeks)

Fee: \$38

Volunteer Coordinator: Theresa Gore

Location: Culpeper Co. HS gym

**Ping Pong Socials**

Come on out for some great fun! Ping Pong - whether you play every week or haven't picked up a paddle in years, you'll have a great time getting together with other ping pong fans. Directions to location will be provided upon registration.

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Ages: 16 & up

Wed, Jan. 12– Mar. 16 (10 weeks)

7:00-9:00pm

Volunteer Coordinator: Wayne Brown

Location: 19292 Clearview Lane, Culp.

Fee: \$20

Walleyball Doubles Tournament

Walleyball?!? You mean Volleyball, right? Nope, Walleyball, a combination of racquetball and volleyball. This sport is played in a racquetball court but follows the

basic rules of volleyball, except that you can play the ball off the walls. So, whether you play every week or have never heard of the game, grab a friend, come on out and have some fun. Double elimination. Prizes will be given. Volunteers are needed. **Ages: 16 & up.**

Sat, Mar. 12

10:00am-3:00pm

Location: Culpeper Tennis Center

Fee: \$20 per pair

Adult Indoor Soccer

Don't let the winter blues get you down. Come out and have some fun playing soccer inside. This is a great way to meet some new friends and get a little exercise.

Ages: 18 and up.

Sun, Jan. 16 - Mar. 20 (10 weeks)

5:30-7:00pm

Coordinator: David Stackhouse

Location: Culpeper Co. HS gym

Fee: \$35

DID YOU KNOW....

Of children and adolescents aged 6-19 years, 15%--about 9 million young people, are considered overweight.

http://www.cdc.gov/nccdphp/pe_factsheets/pe_pa.htm, Internet Downloaded, September 2004.

Registration Information & Form on page 27

Culpeper County Parks and Recreation

Winter Schedule (continued)

TRIPS



Whale Watching

Come and travel in style and comfort down to Virginia Beach for a unique opportunity to view and interact with some of Virginia's spectacular marine life. Upon arriving in Virginia Beach, you will enjoy a 2-hour cruise to see humpback whales that winter off the coast of Virginia! Then enjoy the more than 300 interactive exhibits at the Virginia Marine Science Museum. Also, you'll get to see a movie at the IMAX® theaters. Virginia Marine Science Museum is filled with harbor seals, sea turtles, a nature trail, a huge shark tank, and much, much more! Meals are on your own, pack a small cooler and/or enjoy meals at the Osprey café. There will be a stop for fast food dinner on the return trip. All ages are welcome, but anyone 17 or under must be accompanied by an adult. (Whale sightings are not guaranteed. 2-hour cruise is subject to weather conditions. Be sure to dress for the weather)

Sat, Feb. 19

6:15am sharp pick up

8:30pm (approx) return

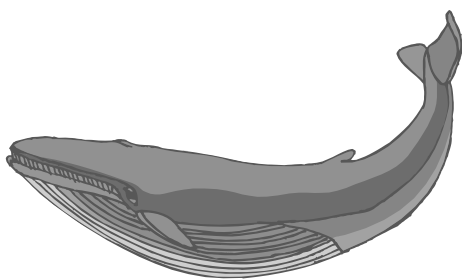
Trip Coordinator: Tabitha Riley

Pick up Location: Southgate Shopping Ctr

Fee: Children (1-11yrs): \$51

Adults (12 & up): \$55

Due to the reservation procedures, registrations for Whale Watching **WILL NOT** be accepted after Thursday, February 3, 5:00 pm.



Ladies and Gentlemen, and kids of all ages...Welcome to The Greatest Show on Earth! There are lions, tigers, and bears, oh my! Elephants, clowns, and thrilling trapeze, what a show! Wow...there really is something for everyone at the circus. Get ready, sign up, and let's have a three-ring-circus fun time! Travel to the Patriot Center will be on a luxury motor coach so, let us worry about the driving. Meals are on your own. All ages are welcome, but anyone 15 or under must be accompanied by an adult.

Sat, Apr. 2

1:15pm sharp pick up

8:00pm (approx.) return

Trip Coordinator: Tabitha Riley

Pick up Location: Culpeper Town Square

Fee: \$48

Due to the reservation procedures, registrations for Ringling Bros. Circus **WILL NOT** be accepted after Thursday, March 17, 5:00 pm.



Teen Ski Trip

So, there's snow on the ground and you're stuck inside being bored. Not this year! Sign up for a fun-filled day of skiing at Massanutten. If you don't have skis or don't know how to ski, that's not a problem. Rentals are provided, and beginners can take lessons. What are you waiting for? Let's get ready to ski! A dinner stop will be made on the way home. Meals are on your own. Parents: TASC for Teens, Inc. is chaperoning the trip. Ratios will be 1 staff to 10 teens. Many of the staff are Professional Ski Instructors of America.

Ages: 10 -18

Mon, Jan. 24

6:00am sharp pick up - 8pm approx. return

Chaperones: TASC for Teens, Inc.

Pick up Location: Southgate Shopping Ctr

Option A: Bus, Lift Ticket, Rentals

Fee: \$85

Option B:

Bus, Lift Ticket, Rentals, & Lesson

Fee: \$99

Registrations received after January 5 are \$10 more.

Due to the reservation procedures, registrations for Teen Ski Trip **WILL NOT** be accepted after Thursday, January 13, 5:00 pm.

A LOOK AHEAD...

Spring PREVIEWS

Trips

Pre-school classes

Moonlight

Egg-stravagant Egg Hunt

Summer Camps!

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

Snowshoe Mountain
2005 Discount Ski Lift Tickets



Tickets are available for purchase at the Parks and Recreation Office. Prices listed reflect a \$9 - \$12 discount off the window price.

Discount Season

Opening day - December 15, 2004
& March 7, 2004 through the end of the season

Age	Weekend	Midweek
Adult (13-59)	\$34.00	\$24.00
Student w/ ID (13+)	\$31.00	\$21.00
Senior (60 - 69)*	\$31.00	\$21.00
Junior (6 - 12)	\$22.00	\$15.00

*70 yrs + free



High Season

December 16, 2004 - March 6, 2005

Age	Weekend & Holiday**	Midweek
Adult (13-59)	\$52.00	\$40.00
Student w/ ID (13+)	\$47.00	\$31.00
Senior (60 - 69)*	\$47.00	\$31.00
Junior (6 - 12)	\$34.00	\$36.00

*70 yrs + free

**Holiday Dates: Dec. 26 - Jan. 2; Jan 14 - 17; Feb 18 - 21

Registration Information & Form on page 27

Culpeper County Parks and Recreation

Who are we?

MISSION STATEMENT

The Department of Parks and Recreation is dedicated to the enhancement of the quality of life, assuring the sense of community, and providing leisure services to county citizens of all ages. The Department shall establish and maintain the highest level of professional standards and continuity of services for the development of parks, recreational facilities, and programs. The Department shall also endeavor to preserve cultural, historical, and environmental resources. By providing effective leadership and planning, the Department shall create partnerships with citizens, other governmental entities, and private organizations, to accomplish mutually desired goals and objectives.

PARKS & RECREATION STAFF

John Barrett, III Director jbarrett@culpepercounty.gov		
Betty Combs Administrative Assistant bcombs@culpepercounty.gov	Marshall Conner Recreation Coordinator mconner@culpepercounty.gov	Tabitha Riley Program & Facilities Supervisor triley@culpepercounty.gov

PARKS & RECREATION ADVISORY COMMITTEE

Jack Roycroft Chair Catalpa District 825-4047	Annemarie Steimel Vice-Chair Jefferson District 829-5289	Vacant Cedar Mountain District 547-3649
Christopher Snider East Fairfax District 829-5289	Vacant Salem District	Keith Harris Stevensburg District 825-2471
E. Alan Anstine West Fairfax District 829-7118		

Meetings are held the 3rd Tuesday of every month, 7:00 pm,
at the Rappahannock Rapidan Regional Commission Planning District 9 Building.

CULPEPER RECREATION FOUNDATION, INC.

	Charles Barrell Chair cbarrell@dbw1e.com	Katherine Inskeep Minutes Recorder inskeep6@erols.com
Jack Roycroft jroycroft42@earthlink.net	James Underhill underhillj@secondbank.com	John Fotenos jfotenos@worldnet.att.net
Werter Hobson Hurt, III 547-2004		Robert Calhoun calhoun@battlefieldfordmercury.com

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Answers to Frequently Asked Questions.....

All Classes held at Floyd T. Binns Middle School may be accessed by the Culpeper Connector 829-0505

Oops!!!

The Culpeper County Parks and Recreation Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Culpeper County Parks and Recreation Department reserves the right to make any such adjustments. The Parks and Recreation Department apologizes for any inconvenience these errors or adjustments may cause.

Department & Class Closings....

The Parks and Recreation Office will be closed on all County holidays. If Culpeper County Public Schools decide to close for inclement weather, then all Parks and Recreation classes will be cancelled for that day. The Parks and Recreation Department reserves the right to close a class at any time for any reason.

Registration Policy...

Registration for all of our recreation activities can be done at the Department's Main Office, located at 155 W. Davis Street, Suite 100. You can also mail in the registration form located in the *Culpeper Minutes* on page 17 with your payment. Full payment must accompany all registrations.

All registered participants will be notified and given a complete refund if the program is cancelled. No phone registration will be accepted. Pre-registration is required, unless otherwise noted in the description, as all of our classes are limited in size. We accept cash and checks made to Culpeper County Parks and Recreation. At this time we are unable to accept credit cards for payment.

Register Early or
it may be **CANCELLED**

Decisions on whether or not a class will be cancelled, based on the number of registered participants, is made 4 days prior to the first scheduled meeting date. The minimum number of participants must have signed up by this time, otherwise the class will be cancelled. Sometimes excellent courses with awesome instructors are cancelled, if everyone waits until the last minute to register.

If the minimum has been reached, but the class is not yet full, registrations will continue to be accepted until the first day of the program, unless otherwise noted in the program description.

There is a minimum number of participants required, so that the class will be productive to the participants and to cover the costs associated with the operation of the class; such as, instructor pay, supplies, and facilities fees. Please **register early** to avoid disappointment for yourself, others, and the instructor.

Wanted!

Culpeper County Parks and Recreation Department is always looking for new and exciting programs & instructors. If you have an idea for a program &/or are willing to teach as an instructor, please contact Tabitha Riley at triley@culpepercounty.gov or 727-3412. Programs needing instructors include, but are not limited to: pre-school & toddler programs, aerobics, Pilates, rubber stamping, yoga, tai chi, gymnastics, and many more!

ADDRESSES FOR LOCATIONS USED			
Facility	Address		City
Community Room	303 N. Main Street, 2nd Floor	(between Duncan Bros. & Family Hair Center)	Culpeper
Culpeper Co. H.S.	14240 Achievement Drive		Culpeper
Culpeper Co. Library	271 Southgate Shopping Center		Culpeper
Culpeper M.S.	14300 Achievement Drive		Culpeper
Culpeper Tennis Center	19055 Industrial Road		Culpeper
The Depot	113 South Commerce Street		Culpeper
Farmington Elem.	500 Sunset Lane		Culpeper
Floyd T. Binns M.S.	205 East Grandview		Culpeper
GW Carver Piedmont Tech	9432 James Madison Hwy	(6 miles out Rt. 15 S. on left side)	Rapidan
Pearl Sample Elem.	18480 Simms Drive		Culpeper
Spilman Park	3543 Colvin Road		Jeffersonton
Sycamore Park Elem.	451 Radio Lane		Culpeper

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper Parks and Recreation Program Registration

How to Register

By Mail

- Complete a registration form and mail with payment to Culpeper County Parks and Recreation, 155 W. Davis Street, Suite 100, Culpeper, Virginia 22701. Please include a self-addressed, stamped envelope, if **you require** registration confirmation.

Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).

Additional Registration and Program Information

Registrations:

- Registrations are welcome upon distribution of class information.
- Walk-in registrants will be given priority over mail-in registrants.
- Telephone registrations will *not* be accepted.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class date, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are only given if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: WJMA103.1 FM, WCVA, 92.5 AM, WGRQ, 95.9 FM and WGRX, 104.5 FM.

Parks & Recreation Registration Form

Name _____ DOB _____

Address _____

Home Phone _____ Work Phone _____

Emergency Contact _____ Phone _____

Program Name _____ Day _____ Time _____ Cost _____

Amount Paid _____	Cash _____
Balance Due _____	Check _____
Date Paid _____	

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant, Parent, Guardian Signature _____ Print Name _____ E-mail Address _____ Date _____

Culpeper Parks and Recreation, 155 West Davis St., Suite 100 Culpeper, Virginia 22701
Phone: (540) 727-3412 Fax: (540) 727-2802 Website: www.culpepercounty.gov

Culpeper County Parks and Recreation, 155 West Davis Street, Suite 100, Culpeper VA 22701
(540) 727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

What's Going On?

Parks and Recreation Updates

Culpeper Community Complex



The idea for a community park complex grew out of needs identified and presented by local sports associations. In November of 2001, Culpeper community residents voted and passed a referendum that would allow the County of Culpeper to issue a general obligation capital improvement bond to construct a much needed complex for community recreational use. The fundamental idea for the park is to provide a safe and centralized facility that residents may use to better their physical and mental health and improve their quality of life. A district park of this size will provide residents with a lifetime of recreational needs and benefits that are essential in today's society.

Since the official groundbreaking ceremony this summer, S.W. Rodgers Contracting Company has been active building such a facility. From moving earth to installing ground water pipes and other important infrastructures, the once agricultural field is rapidly transforming into a park. Parking lot islands, along with curb and gutter are in place in preparation for the final paving of the parking lots. An in-ground irrigation system has been installed to assist in maintaining the athletic turf.

The athletic fields sub-grade preparation is complete, and a minimum of six inches (6") of topsoil was applied. Temporary seeding was added for erosion control measures. A Request for Proposal (RFP) has been advertised to receive bids from turf contractors to apply natural athletic seeding to the fields. The contract will also include ongoing maintenance by the successful bidder, in order to protect the county's investment and hold the contractor responsible for the turf's proper growth to full maturity and stability. Spectators will finally be able to visibly identify the anticipated six soccer, three football, six little league and one youth baseball fields, along with a walking trail, as the site development continues to evolve.

The main parking lot has been paved (see picture below) and in spring 2005, Jonas Road will be widened and paved up to the park entrance. The proposed opening of the facility was initially set for 2007, however, it may in fact be open for public use earlier than expected.



Residents that are unable to visit the location can view pictures of the ongoing construction by visiting the County web page at www.culpepercounty.gov. Pictures are placed in chronological order and updated approximately every two weeks.



(Continued on page 29)

Registration Information & Form on page 27

Culpeper County Parks and Recreation

What's Going On?

Culpeper Recreation Foundation

In support of the Community Complex project, the Culpeper Recreation Foundation, Inc. will continue to organize fund-raising efforts in order to raise monies to provide financial support for amenities beyond the expectation of the general obligation bond. The Foundation is a 501 (c) (3) non-profit corporation under the Internal Revenue Code, and all contributions are tax-deductible. The Foundation members are encouraging those interested in naming opportunities and large contributions to contact the Parks and Recreation Office at 727-3412 for more information. [picture at left: Charlie Barrell (top left) receives a donation from Culpeper Youth Baseball Association President Michael Grant (top right) player representatives include (left to right) Jacob Settle, Lauren Mills, & Kevin Alther].

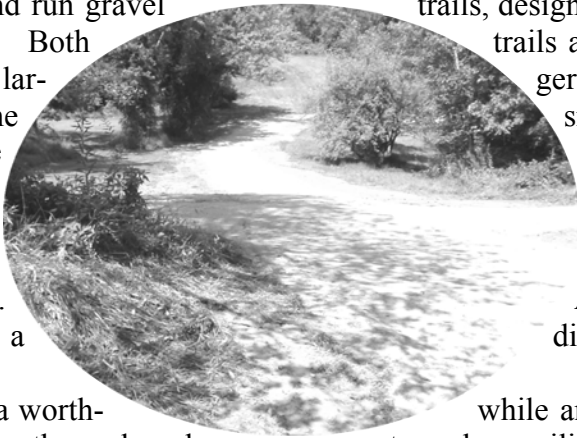


Culpeper Recreation Foundation
Announces Raffle Winner

Congratulations to Robert Baker who won the Culpeper Recreation Foundation's raffle, held at Battlefield Ford on Nov. 20, 2004, to benefit the Culpeper Community Complex . He chose to take home a cool \$20,000. The check was accepted by his daughter, Christy Edwards.

Spilman Park

Spilman Park, located in the Jefferson District, now offers county residents the opportunity to exercise while enjoying the serenity and natural beauty of the park. Two crush and run gravel trails, designed to weave through the park, were recently completed and are now open for public use. Both trails are accessible from a mutual trailhead that begins at the end of the park entrance road. The larger trail is approximately 2,200 linear feet and traverses the lower half of the park. The smaller 300 linear feet trail meanders around a lone standing silo, before linking up to the parking lot.



Eventually other amenities will be added to the park in order to enhance its user ability. Future placement of a park bench at designated points on each trail system will provide a resting and viewing area for park visitors. An ADA-compatible picnic table will be built on the smaller trail to benefit visitors with a disability.

In all, the new trail systems have created a worthwhile and close-to-home outdoor experience for all residents' enjoyment. For more information on the park and to make pavilion reservations for 2005, please contact the Parks and Recreation Office at 727-3412 or visit the county web site at www.culpepercounty.gov.

New Staff Member

The Culpeper County Parks and Recreation Department staff wishes to announce the hiring of new staff member Tabitha Riley as Programs and Facilities Supervisor. Ms. Riley's responsibilities will consist of maintaining previous, and creating new, community classes and programs. Her duties will also include maintenance of existing parks and recreation facilities.

Ms. Riley came to Culpeper with three years of progressive park and recreation experience while employed at Fauquier County Parks and Recreation Department. Her background includes programming experience, facility supervision, overseeing financial responsibilities and supervising staff, among other duties. Ms. Riley graduated from Radford University with a Bachelor of Science Degree in the field of Recreation, Parks and Tourism. Ms. Riley has been a resident of Culpeper County for over eight years. She welcomes any ideas or suggestions for running new classes and/or programs. Citizens interested in instructing or volunteering may contact Tabitha at 540-727-3412.

Contact Parks and Recreation at 540-727-3412 www.culpepercounty.gov

Culpeper County Parks and Recreation

What's Going On?

Community Information:

Matt Ortman is organizing Youth Roller Hockey...

Are you interested in roller hockey? Matt Ortman, a certified player in the USA Inline Hockey Association, who has played on over 20 different teams and is currently a 3rd grade teacher, plans on beginning practices (and hopefully an Inline Hockey League) at Dominion Skating Rink. The purpose of these practices will be to teach the fundamentals of hockey and are open to boys and girls in third to sixth grade. Equipment needed will be inline skates, shin pads, hockey gloves, elbow pads, cup, helmet (with face shield), mouth guard, and stick. If anyone needs equipment, the Dominion Skating center is a member of USA Hockey Inline Assoc. and can supply or order equipment.

Mr. Ortman will be collecting a list of names, and once sufficient interest is shown, practices will be scheduled. Please provide child's name, parent's name, and primary phone number to Mr. Matt Ortman at 540-522-6230, or e-mail at MatthewEOrtman@yahoo.com.



























Did you Know...

There are tennis courts available for use at the High School during non-school hours. So find that racket, get the tennis ball out of the dog's mouth, grab a friend, and have a fun game of tennis.

Garden Club: The Parks and Recreation Department is seeking to establish a Garden Club within the Jefferson District. If you have a green thumb and would like to help out the community, please contact the Department at 540-727-3412.

Youth Sport Leagues: Is your child interested in playing on a sport league? Here are the contact number that the Department has been given permission to list. Sometimes people and numbers change, so if you know of a correction that needs to be made to the list below, please contact us.

Baseball	Basketball	Football		Lacrosse	Soccer
Culpeper Youth Baseball	Culpeper Youth Basketball	Culpeper Football Assoc.	Culpeper Youth Football	Patty Livesay	Culpeper Soccer Assoc.
Michael Grant	Mark Shelton	<i>Please contact</i>	John Fotenos	540-825-3522	Hotline
540-825-8310	540-825-4133	<i>the Department</i>	540-825-1854		540-825-0886
Mgrant@culpeperschools.org		540-727-3412			ksportsplayer@msn.com





























A.S.A.P. - After School Arts Program

Local artists, art groups and individuals interested in providing a fun, productive, and interesting after school program have come together to form A.S.A.P. (After School Arts Program) - sponsored by Healthy Culpeper - **FREE** of charge to Culpeper County students grades 6 - 12. Activity buses will be made available after the program to students needing transportation. Students at Floyd T. Binns Middle School wishing to participate will be bused to CCMS.

The program is set to be held 1 day a week for 12 weeks, and is tentatively scheduled to begin January 25, 3:30-5:30pm. Students may participate in one of four different classes that are planned to be offered: drawing, quilting, beginning violin, and painting (each class will only be offered on one day). Each class will be led by experienced & talented instructors, with the help of community adult volunteers and student mentors. There will be a limited number of spaces available in each class.

Additional information will be made available to students at Culpeper County High School, Culpeper Middle School, and Floyd T. Binns Middle School via flyers, immediately after the holiday break.



Registration Information & Form on page 27